

Communicable Disease Reference Chart (Continued)

DISEASE (ORGANISM)	INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	ACTIONS TO BE TAKEN &/OR EXCLUSION PERIOD
INFLUENZA (Viruses)	Short, usually 24 to 72 hours.	Probably up to 3 days from clinical onset.	Exclude until 3 days from onset of symptoms.
MENINGITIS (Aseptic/Viral) (Viruses)	Depends on type of infectious agent.	Depends on type of infectious agent.	Exclude until physician approves return.
MENINGITIS (Haemophilus influenzae) or (Neisseria meningitidis) (Bacteria)	2-10 days; commonly within 2-4 days.	As long as organisms are present.	Exclude until under treatment & physician approves return.
MONONUCLEOSIS (Virus)	From 4-6 weeks.	Communicability may persist up to a year.	Exclude until physician approves return.
MUMPS (Virus)	About 2-3 weeks; commonly 18 days.	As long as 6 days before gland involvement to 9 days after swelling. Most infectious 48 hours before onset.	Exclude until swelling or other symptoms have disappeared.
PEDICULOSIS (Head Lice) (Insect)	Eggs hatch in 7-10 days.	Until lice and viable eggs are destroyed.	Exclude until 1st treatment is completed. Admit if a single treatment medication is used, or reexclude if 2 dose product is used & not done in 10 days.
PERTUSSIS (Whooping Cough) (Bacteria)	5-21 days, average within 10 days.	7 days after exposure to 3 weeks after onset if not treated, or 1 week after treatment.	Exclude until 3 weeks from disease onset if not treated or 1 week after treatment.
PINWORMS (Enterobiasis) (Roundworm)	4-6 weeks.	As long as eggs are laid.	Exclude until at least one treatment is completed and physician approves return.
RINGWORM (Fungi)	4-14 days.	As long as lesions are present.	Exclude until under phys. care.
RUBELLA (German or 3 day Measles) (Virus)	14-23 days; usually 16-18 days.	From 1 week before to 4 days after onset of rash.	Exclude until 5th day after onset of rash.
RUBEOLA (Hard or 10 day Measles) (Virus)	14-23 days; 10 days average.	Beginning of cold symptoms to 4 days after rash onset.	Exclude until 5th day after onset of rash.
SALMONELLA (Bacteria)	6-72 hours; commonly 12-36 hours.	During the course of infection and until organisms are no longer in feces.	Exclude until symptoms have gone. Activity exclusion based on WCHD recommendations.
SCABIES (Insect)	First time infection 2 to 6 weeks; subsequent infections 1 to 4 days.	Until mites and eggs are destroyed.	Exclude until 1st 24 hours treatment completed. Re-exclude if 2nd treatment not done within 10 days.
SCARLET FEVER & STREP THROAT (Bacteria)	1-3 days usually.	If untreated, 10-21 days or longer if treated within 48 hours.	Exclude until under treatment for 2 days.
SHIGELLA (Bacteria)	1-7 days; commonly 1-3 days.	During course of infection and until organisms are no longer in feces.	Exclude until symptoms have gone. Activity exclusion based on WCHD recommendations.